

## Adult Program Highlights

### Tennis Staff

#### Tennis Director

Glidden Droz, USPTA

#### General Manager

Jim Elwing, USPTA Pro 1  
USTA High Performance Coach

#### Adult Coordinator

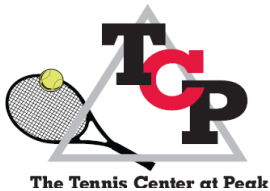
Deb Cahill

#### Member Service Director

Debbie Naab

#### Associate Pros

Kathy Tartabini  
Cheryl Rerko, 10 and under certified  
Rastko Tartarevic, USPTA



#### **Mission Statement**

At Peak Performance we focus on the tennis development of each member by building on proven foundations of instruction, fostering an environment of good sportsmanship and fair play and encouraging lifelong friendships.

- A current Peak Membership allows members to book court time 7 days in advance, participate in Interclub play, USTA Leagues, Permanent Court Time, special Club events and qualify for "member only" fees.
- Cancellation policy – 24 hours notice is required for cancellation of tennis courts, private or group lessons.
- \$25 racquet rental fee & credit card number is required for (offsite) loan. Maximum 3 day loan. If you decide to purchase racquet from Peak, the rental fee will be credited to the racquet purchase price.
- Guest fees for the 2017-2018 season will be:  
\$8.00 open court sales  
\$10.00 Permanent Court Time
- Tennis Court/Tennis Lobby rental for Private Parties

### Peak Performance Center

1 Eagle Valley Court  
Broadview Heights, Ohio 44147  
Phone: 440.838.5600

**[www.peaktennis.net](http://www.peaktennis.net)**



## **ADULT PROGRAMS** **2017/18**

Stroke of the Week  
Private Lessons  
Interclub Drills  
4 and a Pro  
USTA Leagues  
Permanent Court Time  
Cardio Tennis  
Mixed Doubles  
Start/Restart Clinics  
Women's League  
Interclub Leagues

## Interclub

### 3.5 - 4.0 + 6.5 Senior

Compete at 3.0, 3.5 or 4.0+ levels on Fridays and the 6.5 senior combo on Wednesday in home and away matches. Match times will begin any time between 9:30am - 12:30pm. Season runs Sept.- April.

AA/AAA leagues (7.0 & 8.0) combo matches are played on Mondays from noon to 2pm at home and 10:30 am or noon away. Season runs from late September – April.

Peak is home to USTA women's 6.5 and 7.5 combo and men's 7.5 combo teams that play Fall and Spring.

## Interclub/Team Drills

These drills will give you a chance to prepare for your USTA or Interclub matches. These clinics will go over different kinds of strategies and techniques to get you ready for that big match. There will be leveled drills for 2.5/3.0 and 3.5/4.0. This will be a weekly drill. Please sign-up at the Peak desk.

1.5 hour class    \$22 – 3 or more (member)  
                          \$27 – 3 or more (non-member)

## 4 and a Pro

Get your friends together and take a lesson with the Pro of your choice. Arrange a time that suits your needs.

Member rates:    (Non-members add \$5)  
\$25pp – 1.5 hours  
\$17pp – 1 hour

## 3 and a Pro

Member rates:    (Non-members add \$5)  
\$32pp – 1.5 hours  
\$22pp – 1 hour

## Start/Restart (Levels 1 & 2)

Learn the skills you need to start or return to playing the game of tennis. Start/Restart is for new or returning adult players. In this six week program you will learn the basic skills and strategies of tennis. This program is open to members and non-members. Each 6 week session costs \$95 per person.

## CLASS SCHEDULE

2017-2018

### Open Drills - Women

Monday (2.5/3.0)	9:00-10:30am
Thursday (3.0/3.5)	11:00-12:30pm
Saturday (2.5-3.0)	9:30-11:00am

### Women's League (4.0-4.5)

Tuesday	6:00-7:30pm
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### Start/Restart

Sunday (level 1)	3:00-4:30pm
Sunday (level 2)	4:30-6:00pm

### Mixed Doubles

Friday (1x month) (September – April)	7:30-9:00pm
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### Cardio Tennis

Tuesday	12:00-1:00pm
Saturday	11:00-12:00pm

### Stroke of the Week

Monday	11:00-12:00pm
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## Mixed Doubles

Mixed doubles is a tennis social gathering of players willing to mix in and have fun. It's an ideal introduction to the Club for all new members and a great way of playing regularly for existing players. Mixed doubles will be held monthly on Friday evenings from 7:30-9:00pm. Contact the Peak Desk at 440.838.5600 and sign up with a partner or ask to be paired up with someone.

## Cardio Tennis

Cardio tennis is a fun activity featuring drills to give players of all abilities an ultimate, high energy workout. It contains a warm-up, cardio segment, and cool-down. If you are looking for a new way to work-out, burn calories, and hit tons of balls, try out Cardio Tennis.

Drop-in rate - \$15 per class (member)  
                          \$20 per class (non-member)

## Stroke of the Week

Learn and solidify tennis stroke fundamentals and strategies in a lively and a challenging format. Notification of the weekly topic will be sent via email and posted at Peak. Please leave your email address with the Peak Desk to receive notices.

1 hour class - \$15 per player (member)  
                          \$20 per player (non-member)